

Alabaré Plymouth Home for Veterans

Alabaré's Plymouth Home for Veterans is a supported housing project for ex-service personnel who are homeless and have a range of support needs. The project is funded by The Royal British Legion.

Mission

To provide supported accommodation to seven veterans with low to medium support needs in a responsive and safe environment enabling them to make life changes and develop so that they are able to move on to successful independent living.

Location

The Veterans Home is a recently refurbished large terrace house arranged over two floors in the Lipson area of Plymouth. It is within easy walking distance of the city centre. Leisure opportunities include bowling, cinema, theatre and sports centres. The marine aquarium and the historical Plymouth Hoe. Are all within easy walking distance from the house.

Staff

The project is staffed 75 hours per week by 2 staff members (plus relief), with staff on site between 9am and 5pm. Between 5pm and 9am there is a duty on call system. Alabaré has been an Investor in People since 2001.

Aims

- To enable residents to have the skills and confidence to move on to sustainable independent accommodation.
- To enable residents to build constructive and positive relationships within the wider community.
- To encourage an awareness of personal responsibility around budgeting, safety and security.
- To enable residents to enjoy, identify and pursue their aspirations through training, education, employment and hobbies thus increasing their confidence and self worth.
- To increase awareness around physical and mental wellbeing and enable service users to access appropriate health and mental welfare services.

Eligibility and referrals

Referrals are accepted from local support agencies, other charities, and The Royal British Legion. All residents must have served in the British Armed Forces. They must be homeless or be in insecure accommodation, have support needs and be willing to engage with the support on offer.

Personal Support Plans

All residents are allocated a key worker and together agree a support plan based on a thorough assessment of their individual needs. Staff signpost residents to appropriate agencies, including counselling services, drug & alcohol agencies and support groups, CAB and NHS services. Resettlement support is also provided with Outreach Support available where individual need exists.

Length of stay

Average stay is 6 to 8 months; max stay is 1 year.

Facilities

The house consists of 7 single bedrooms. Two bedrooms have en-suite, one of which is on the ground floor and suitable for disabled residents. A residents lounge, dining room and kitchen are also available for communal use. A large TV and digital box with DVDs/videos and games console is available for use by all service users in the lounge. An IT suite is also available for clients to learn IT skills.

Training

Budgeting skills, healthy eating, shopping skills, life skills for independent living and confidence building.

Policies

- Licence agreement to be signed on acceptance.
- No alcohol or drugs allowed in the house.
- Smoking is only allowed in residents bedrooms. There is a sheltered smoking area in the rear garden.
- 24 hour residents access as all residents have their own key.
- Visitors are permitted until 10pm.
- No overnight guests are permitted.
- Complaints/Harassment/Appeal procedure for residents is in place.

Funding and external reviews

This project is primarily funded by a Royal British Legion grant and payment of rent (usually covered by Housing Benefit). There is a top up of £34.75 (per week) which includes £25 for food per week and £9.75 for additional utilities.

Equal opportunities and confidentiality

Alabaré believes in equal opportunities and will not discriminate against service users on any basis. All information about services users is regarded as confidential and safeguarded.

For further information

Please contact Richard Nixon, Senior Support Worker on 01752 265684 or 07989 190424 or email r.nixon@alabare.co.uk



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The information in this document is intended as guidance only and is subject to change without prior notification. Please call 01722 322882 for current project details.
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